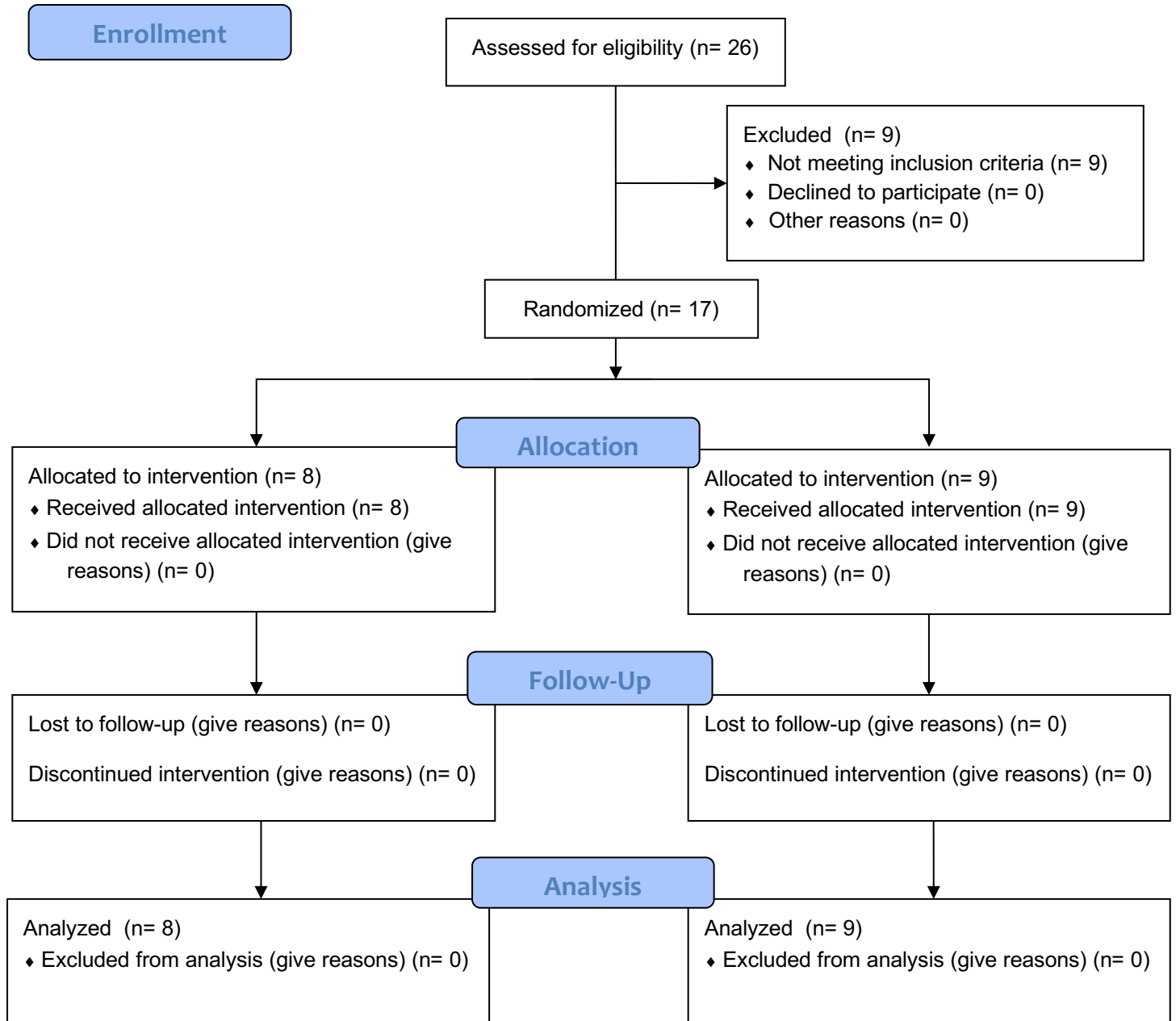


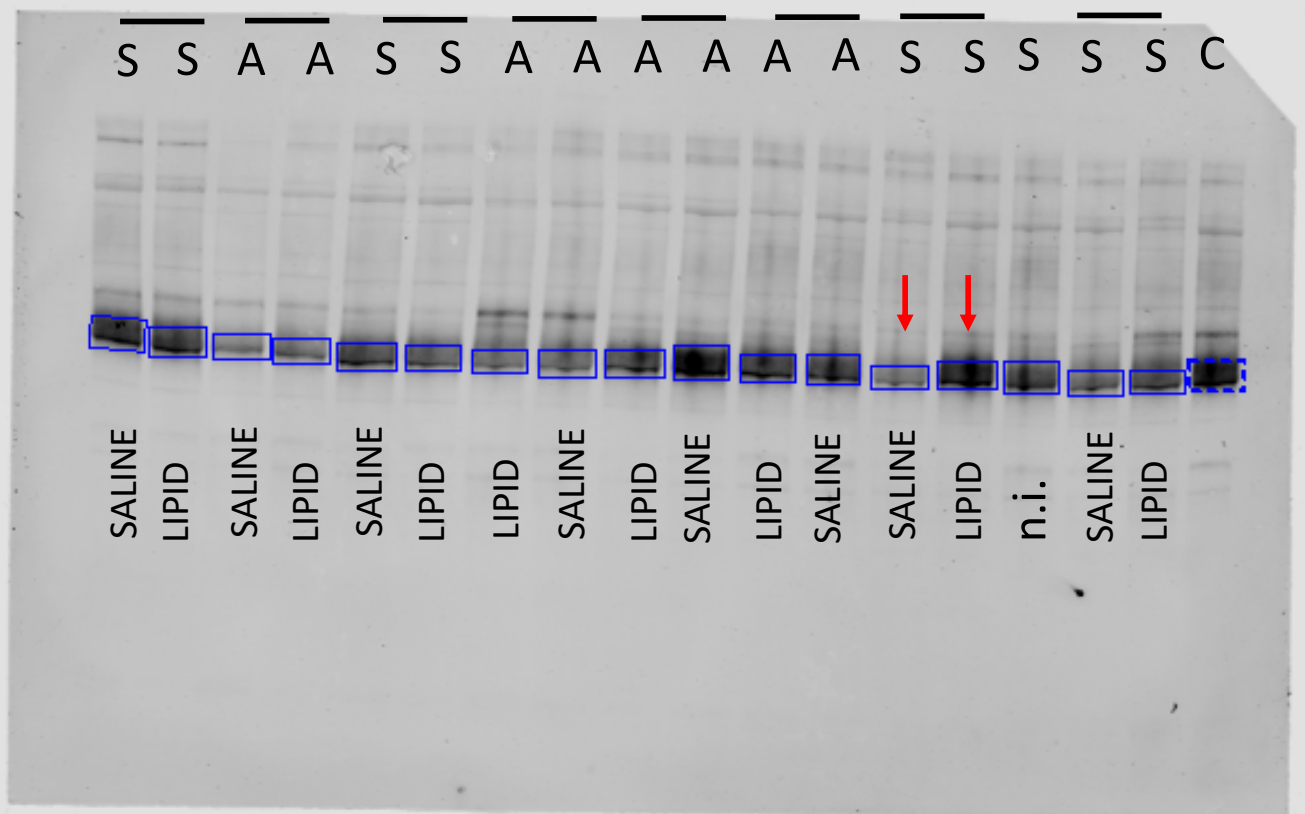
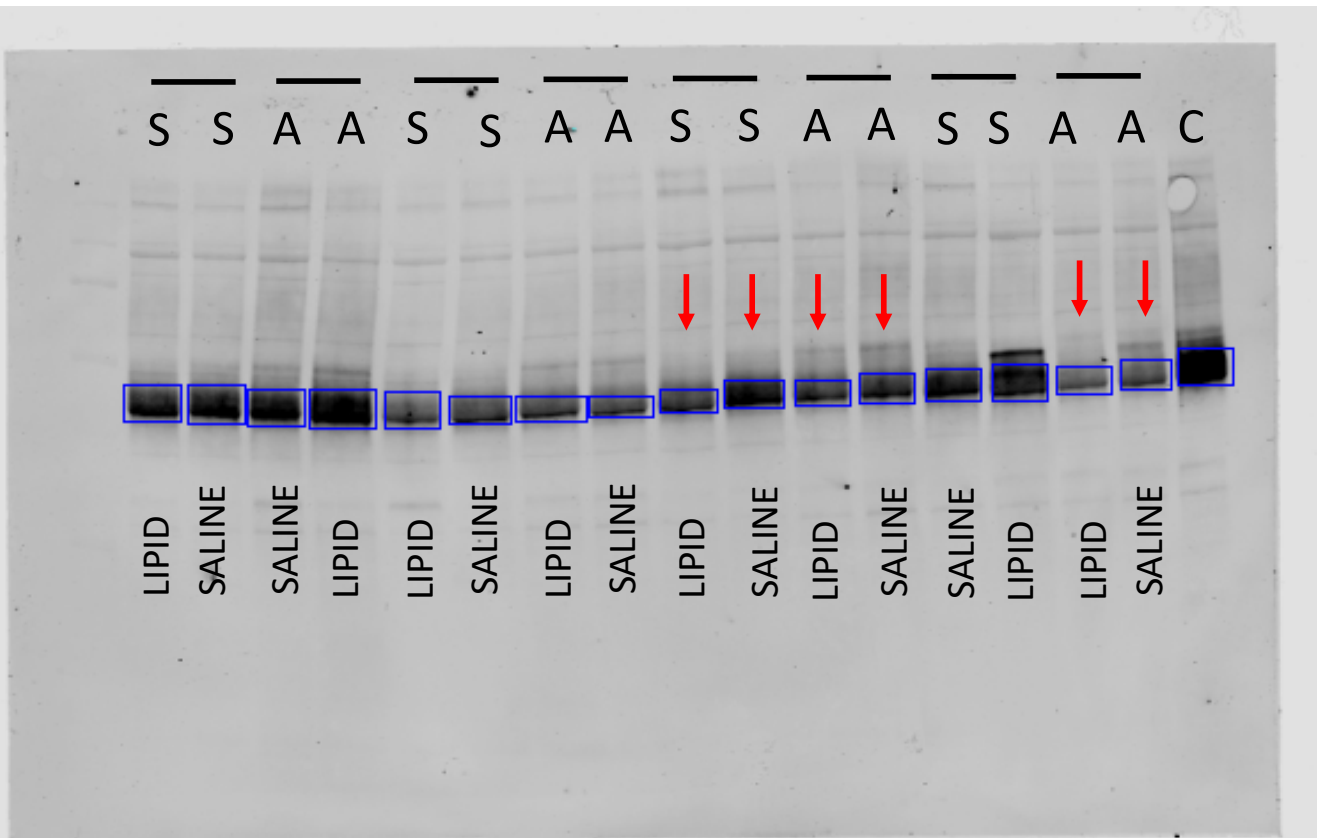


CONSORT

TRANSPARENT REPORTING of TRIALS

Supplemental Figure 1: CONSORT 2010 Flow Diagram





Western blot for GLUT4 analysis. S = sedentary; A = athletes; C = loading control; n.i. = not included based on insulin sensitivity. Lines indicate infusion protocol within same participant. Lanes with red arrows were shown in the manuscript.